



## V. Pharmacy and Medication Management Policy

### 5.1 Overview

At Impireum, we are committed to providing safe and effective medication management while adhering to all state and federal regulations. This policy outlines our comprehensive approach to prescription medication management, including controlled substances, to ensure the highest standards of patient care and safety.

Ongoing medication management requires periodic in-person evaluations. Prescription refills will not be authorized without the required in-person visit, except under documented emergent or transitional circumstances. This ensures medication safety, compliance, and continuity of care. Impireum follows all federal and insurance mandates regarding telehealth prescribing limitations.

### 5.2 Treatment Philosophy

Our medication management program is designed to:

- a. Improve patients' ability to function in daily life
- b. Ensure safe and appropriate use of all medications
- c. Maintain compliance with state and federal regulations
- d. Provide evidence-based treatment approaches

### 5.3 Assessment Requirements

#### 5.3.1 Initial Evaluation

- a. Comprehensive psychiatric evaluation required for all new patients
- b. Recent psychological, neuropsychological, or psycho-educational testing may be required for ADHD diagnosis
- c. Assessment reports must be current (completed within past 3 years or as an adult 18+)

### 5.4 Medication Management Guidelines

#### 5.4.1 Prescription Protocols

- a. All medications must be taken exactly as prescribed



- b. Dose adjustments require prior authorization from your provider
- c. Early refills are not permitted except in documented emergency situations

#### **5.4.2 Single Provider Policy**

- a. Patients must receive all psychiatric medications exclusively through Impireum®
- b. Obtaining similar medications from other sources is prohibited
- c. Full disclosure of all medications from other providers is required

#### **5.4.3 Pharmacy Requirements**

- a. Prescriptions must be filled at the designated pharmacy on file
- b. Pharmacy changes require advance notification to our office
- c. We coordinate directly with your designated pharmacy for all prescriptions

#### **5.4.4 Controlled Substance Monitoring**

- a. Random drug testing may be required
- b. Prescription monitoring program checks are conducted regularly
- c. Non-compliance with testing requirements may result in treatment discontinuation

### **5.5 Patient Responsibilities**

#### **5.5.1 Medication Security**

- a. Patients are responsible for securing medications safely
- b. Medications must be kept away from children and unauthorized individuals
- c. Lost or stolen medications require a police report for replacement

#### **5.5.2 Communication Requirements**

- a. Report all side effects or concerns promptly
- b. Notify providers of any changes in medical conditions
- c. Immediate notification required for pregnancy

#### **5.5.3 Appointment Compliance**

- a. Regular follow-up appointments are mandatory
- b. Controlled substance patients must be seen at least every 3 months
- c. Missed appointments may result in prescription delays

### **5.6 Safety Protocols**



### 5.6.1 Pregnancy and Medication

- a. Many psychiatric medications pose risks during pregnancy
- b. Patients must notify providers immediately upon becoming pregnant
- c. Medication adjustments or discontinuation may be necessary

### 5.6.2 Drug Testing Policy

- a. Random drug testing ensures medication compliance and patient safety
- b. Testing may check for prescribed medications and unauthorized substances
- c. Results guide treatment decisions and ensure appropriate care

## 5.7 Legal and Regulatory Compliance

### 5.7.1 Federal and State Regulations

**Impireum complies with all applicable laws including:**

- a. Texas State Board of Pharmacy regulations
- b. DEA controlled substance requirements
- c. Texas Medical Board guidelines
- d. HIPAA privacy regulations

### 5.7.2 Information Sharing

We may share relevant information with:

- a. Designated pharmacies
- b. Other healthcare providers (with consent)
- c. Regulatory agencies as required by law
- d. Law enforcement when legally required

## 5.8 Refill Procedures

### 5.8.1 Standard Refills

- a. Request refills during scheduled appointments
- b. Allow 48-72 hours for prescription processing
- c. Maintain adequate medication supply to avoid gaps



## 5.8.2 Emergency Situations

- a. Contact our office immediately for urgent medication needs
- b. Documentation may be required for emergency refills
- c. After-hours coverage available for established patients

## 5.9 Treatment Termination

**Services may be discontinued for:**

- a. Non-compliance with treatment protocols
- b. Medication diversion or misuse
- c. Threatening or abusive behavior
- d. Failure to attend required appointments
- e. Positive drug tests for unauthorized substances

## 5.10 Specialist Referrals

**When medically necessary, we may require:**

- a. Evaluation by medical specialists
- b. Coordination with other healthcare providers
- c. Additional testing or assessments
- d. Collaborative treatment planning

## 5.11 Provider Discretion

**Our providers maintain professional discretion to:**

- a. Determine appropriate medications and dosages
- b. Require additional assessments or consultations
- c. Modify or discontinue medications based on clinical judgment
- d. Ensure safe and effective treatment outcomes