



VIII. Specialized Therapy Policy

8.1 Overview

Impireum provides safe, evidence-based specialized therapies to support patients' mental health journey. This policy outlines our practices and guidelines for Transcranial Magnetic Stimulation (TMS) and Neurofeedback therapies.

8.2 Available Specialized Therapies

8.2.1 Transcranial Magnetic Stimulation (TMS)

8.2.1.1 Description

TMS is a non-invasive procedure that uses magnetic fields to stimulate nerve cells in the brain, designed to reduce symptoms of depression, anxiety, obsessive-compulsive disorder (OCD), and other mental health conditions. The procedure involves placing an electromagnetic coil against the scalp to deliver magnetic pulses targeting specific brain areas.

8.2.1.2 Potential Benefits

- a. Reduction in symptoms of depression, anxiety, and OCD
- b. Long-lasting effects on brain function and mental health
- c. Minimal side effects compared to medication

8.2.1.2 Potential Risks

- a. Temporary headache or discomfort during or after treatment
- b. Tingling, spasms, or twitching of facial muscles
- c. Rare risk of seizure (less than 1 in 30,000 treatments)
- d. Temporary hearing changes due to the clicking sound of magnetic pulses

8.2.2 Neurofeedback

8.2.2.1 Description

Neurofeedback is a non-invasive therapy that uses real-time brain activity displays to teach self-regulation of brain function. Electrodes are placed on the scalp to measure brainwave activity, which is displayed on a screen to guide exercises for improving brain function.



8.2.2.2 Potential Benefits

- a. Reduction in symptoms of ADHD, anxiety, and depression
- b. Improved focus, concentration, and cognitive function
- c. Long-lasting effects on brain function and mental health

8.2.2.2 Potential Risks

- a. Temporary headache or discomfort during or after treatment
- b. Feelings of fatigue or drowsiness
- c. Rare risk of increased anxiety or emotional distress during the learning process

8.3 Treatment Schedules

8.3.1 TMS Treatment Protocol

- a. **Session Duration:** Approximately 20-40 minutes per session
- b. **Frequency:** Typically 5 days per week for 4-6 weeks (20-30 sessions total)
- c. **Adjustments:** Treatment protocols may be adjusted based on individual progress and symptom improvements

8.3.2 Neurofeedback Treatment Protocol

- a. **Session Duration:** Approximately 30-60 minutes per session
- b. **Frequency:** Typically, 1-3 times per week
- c. **Total Course:** 10-40 sessions based on individual needs
- d. **Adjustments:** Session frequency and duration may vary based on individual needs and goals

8.4. Appointment and Cancellation Policy

8.4.1 Cancellation Requirements

Appointments must be canceled at least 24 hours in advance to avoid charges.

8.4.2 Late Cancellation Fees

Cancellations made less than 24 hours in advance will result in the following charges:

- a. **TMS:** \$400.00 per missed session
- b. **Neurofeedback:** \$147.00 per missed session



8.5 Patient Rights and Important Information

8.5.1 Treatment Considerations

- a. Specialized therapies are not a cure, and results may vary among individuals
- b. The number of sessions required depends on individual needs and response to treatment
- c. Treatment is administered by [Dr. Nadia A. McFarlane](#) and qualified staff members

8.5.2 Patient Rights

- a. Patients have the right to withdraw consent and discontinue treatment at any time
- b. Patients are encouraged to ask questions about their treatment
- c. All treatments require informed consent before beginning

8.6 Eligibility and Assessment

Before beginning specialized therapy treatments, patients will undergo:

- a. Initial consultation to determine appropriateness of treatment
- b. Review of medical history and current medications
- c. Discussion of treatment goals and expectations

8.7 Policy Updates

8.7.1 This policy may be updated to:

- a. Improve service efficiency
- b. Comply with regulatory changes
- c. Enhance patient experience

8.7.2 Updates will be:

- a. Posted on our website
- b. Available in patient portal
- c. Communicated to active patients

8.7.3 This policy may also be updated periodically to reflect:

- a. Changes in regulations
- b. Clinical best practices
- c. Patient safety requirements
- d. Operational improvements



Patients will be notified of significant policy changes through our patient portal or direct communication.